

BEREAVEMENT SUPPORT

Most of us will experience the death of someone close to us at some point in our life, and it is easy to feel lost when that happens.

Grief is a natural response to a distressing experience and talking to others who have been through a similar experience can be helpful.

We are offering an opportunity to simply meet and chat in a friendly and safe environment on the

2nd and 4th Wednesday mornings of each month
between
10 am and 12pm
at

Springfield Park Baptist Church
CM2 6EB

Contact Alison 07741 737351 or John 07921 263640 or simply turn up

